

GINA SCHRECK



Gina Schreck will make you the hero as she leaves your audience laughing and learning! A professional speaker for 12 years, Gina will entertain, inspire AND deliver a message that is relevant and impactful (all while standing on her head). Whether your group needs a kick in the morale or a pick-me-up from the stress load they are under, Gina will customize a program with humor and relevant stories to anchor learning nuggets.

"Gina's program was hysterical, inspirational and the content was so rich, it was almost fattening! Gina is the highlight of every program—We love her!"

Melissa Melancon, Program Manager, PSD, IBM, Boulder, CO

Known for her quick wit and inspirational stories, Gina has been voted "the absolute favorite" by conference attendees and "is a joy to work with" for meeting planners. So popular, Gina could have her own prime-time television show called, "Everybody Loves Gina!" But perhaps that idea has already been taken.

"Gina's subject matter knowledge, use of humor and uncanny ability to draw in even the most reluctant participants are just some of the reasons I keep Gina on the top of my list of favorites!"

Sue Morgan, HR Manager, Town of Castle Rock

"I was blown away by your delivery, passion and expertise! Thank you for making us laugh—awesome clean humor. People are still talking about your program... Thank you for making me a hero!"

Bo Prosser, Coordinator for Congregational Life, CBF-Atlanta

"We need you to come back every month to give us a boost! You really made a difference; more than I even thought was possible. Thanks a million!"

Steve Apodaca, Senior VP Great Lakes Division,
Charter Communications

Married with four children and two dogs (one being the famous columnist — Bob "Barker" who writes a regular relationship column, with Gina's help), Gina is also the founder and "Cheerman of the Bored" for The Pinnacle Group and SchreckTalk Keynotes, two successful training and speaking companies founded in 1995, and the author of many books on relationships and humor. Chaos is no stranger to this woman!



To book Gina, call Zoe Training and Consulting
at (303) 440-9005 or (877) 440-9004
or visit www.zoetraining.com



If your organization is hiring “Generation X” and “Generation Y” employees, quit bringing in Generation ZZZzzzzz Speakers and Trainers!

Gina's programs help people improve relationships, reduce stress, and feel energized and ready to solve all world-problems. (Okay, perhaps that's a tad dramatic—but gosh darn it, people feel great after her programs!)

Most Requested Programs:

- **Practicing Safe Stress**
Over 70% of people feel disconnected with their jobs and families due to unsafe stress levels. Living at the speed of chaos has left us with poor health, poor relationships and a beaten down self-image. Learn simple strategies and techniques to laugh more, celebrate successes, and reconnect with the important people in our lives as we practice safe stress! **Great Morale Booster!**
- **Can We Talk?**
In this fun-filled program, participants learn to communicate more effectively to improve relationships and simply get more done! Quit whining and complaining about not getting what you need from others. Start speaking the language of action! Using the four behavioral styles, participants will leave knowing how to quickly adapt to different styles for all around better relationships.
- **Quit Putting People to Sleep!**
Do your meetings look more like a sleep clinic than a creative exchange of ideas and talent? Do participants spend more time checking email than they do interacting with the presenter? This program (which can also be a full training program with video taped feedback) will get your team back on track with dynamic presentation skills!



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